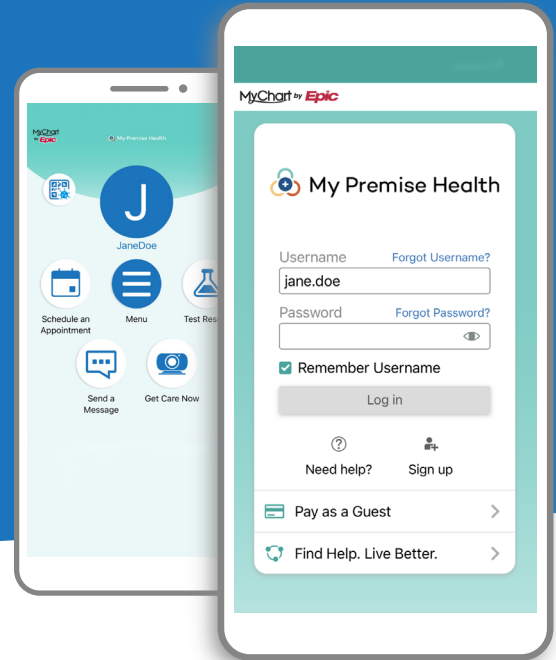


Get, stay and be connected.



My Premise Health

My Premise Health is your secure patient portal that you can access online at mypremisehealth.com or through the **My Premise Health app**. It provides you with convenient access to your providers, health records, vital history, test results and more.

Convenience

- Schedule appointments
- Conduct virtual visits
- Get appointment confirmations and reminders
- Complete forms before your visit
- Wait list and same day appointments available

Health management

- View lab results
- Manage medications
- View your visit history



Activate your account.

My Premise Health app | mypremisehealth.com

School District of Indian River County Health & Wellness Center
5245 41st Street, Vero Beach, FL 32967
Monday, Tuesday, Thursday 7 a.m. - 7 p.m.
Wednesday 6:30 a.m. - 7 p.m.
Friday 6:30 a.m. - 5 p.m.
Saturday 8 a.m. - 1 p.m.
(772) 617-1806

District Health
Center



Premise Health.

© 2023 Premise Health. All rights reserved.

The My Premise Health App is powered by MyChart® licensed from Epic Systems Corporation, © 1999 - 2023.



My Premise Health

Helpful resources

- Find directions, hours and contact information
- Access to health and wellness education
- Same day appointments available on a first come, first served basis
- Wait list notifies you if an earlier appointment becomes available

Secure communication

- Exchange private, secure messages with your providers
- Ask a question, get advice, confirm a result or get an update on your condition

Virtual health

- Online and mobile visits allow you to engage your providers remotely
- eVisits offer treatment for common conditions via secure messaging – without the need for a face-to-face encounter

How to activate your account:

- 1** Download the My Premise Health app or visit mypremisehealth.com.
- 2** Select “Sign up now.” For assistance, call your wellness center or email mypremisehealthsupport@premisehealth.com. You can also visit mypremisehealth.com and click “Contact Support.”

Who can use these services?

Services are available to all employees, spouses, retirees, dependents (age 5 and up for acute, age 10 and up for well and chronic) on the insurance plan.

District Health
Center



Premise Health.



Managing your healthcare just got easier.



Schedule appointments



Conduct virtual visits



View lab results



Message your providers



Manage medications



Complete forms



Wait list & same day appointments



And more