Get, stay and be connected.
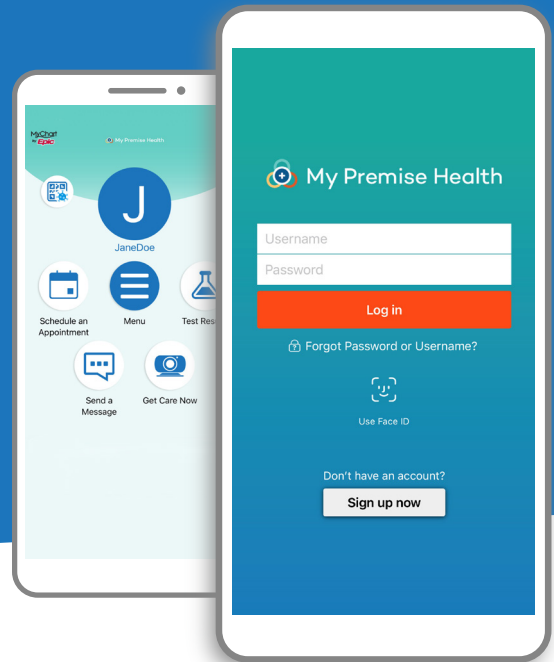
My Premise Health

My Premise Health is your secure patient portal that you can access online at **mypremisehealth.com** or through the **My Premise Health app**. It provides you with convenient access to your providers, health records, vital history, test results and more.

Convenience

- Schedule appointments
- Conduct virtual visits
- Get appointment confirmations and reminders
- Complete forms before your visit
- Wait list and same day appointments available

Health management

- View lab results
- Manage medications
- Pay your bill
- View your visit history

Activate your account.

My Premise Health app | mypremisehealth.com

School District of Indian River County Health & Wellness Center
5245 41st Street, Vero Beach, FL 32967
Monday, Tuesday, Thursday 7 a.m. – 7 p.m.
Wednesday 6:30 a.m. – 7 p.m.
Friday 6:30 a.m. – 5 p.m.
Saturday 8 a.m. – 1 p.m.
(772) 617-1806

District Health Center | Premise Health.

My Premise Health

Helpful resources

- Find directions, hours and contact information

- Access to health and wellness education

- Same day appointments available on a first come, first served basis

- Wait list notifies you if an earlier appointment becomes available

Secure communication

- Exchange private, secure messages with your providers

- Ask a question, get advice, confirm a result or get an update on your condition

Virtual health

- Online and mobile visits allow you to engage your providers remotely

- eVisits offer treatment for common conditions via secure messaging – without the need for a face-to-face encounter

How to activate your account:

1 Download the My Premise Health app or visit mypremisehealth.com.

2 Select "Sign up now."
For assistance, call your wellness center or email mypremisehealthsupport@premisehealth.com. You can also visit mypremisehealth.com and click "Contact Support."

Who can use these services?

Services are available to all employees, spouses, retirees, dependents (age 5 and up for acute, age 10 and up for well and chronic) on the insurance plan.

District Health Center | SDIRC STRONGER TOGETHER | Premise Health.

Managing your healthcare just got easier.

- Schedule appointments

- Conduct virtual visits

- View lab results

- Message your providers

- Manage medications

- Complete forms

- Wait list & same day appointments

- And more