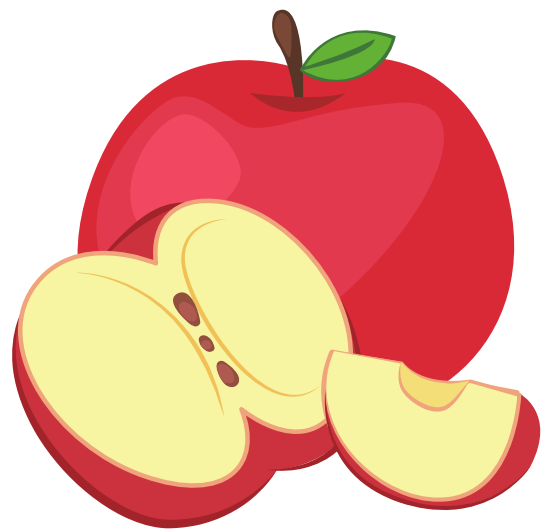


TEST TAKING STRATEGIES

CLICK ON THE PICTURES FOR MORE INFORMATION

Get a good nights sleep

Sleep Well 



Eat a good breakfast and drink plenty of water.

Use RELAXation techniques to reduce test anxiety



R-Read all directions, answer choices, and passages carefully

E-Examine every answer choice before you choose the correct one



L-label/highlight your answers in the passage or problem

A-Always take time to go back and review your answers



X-Eliminate answers that cannot possibly be correct