

The background of the top section is a vibrant blue with subtle, light-colored virus-like icons scattered throughout. On the left side, there is a stylized illustration of a syringe with a purple plunger and a white barrel. On the right side, there is a yellow and white adhesive bandage.

It's time to get your flu shot.

The most effective way to prevent the flu is to get vaccinated each year.

Protect yourself and others by getting your shot at no cost to you at the SDIRC Health and Wellness Center.

Stop by the health center for your flu shot. No appointment necessary for a flu shot.

Please arrive one hour prior to closing.



For more information on this year's flu season and why it's important to get your shot, visit members.premisehealth.com/flu.

the SDIRC Health and Wellness Center
5245 41st Street, Vero Beach, FL
Monday - Thursday, 7 a.m. - 7 p.m.
Friday, 7 a.m. - 5 p.m.
Saturday, 8 a.m. - 1 p.m.
(772) 778-5046

SDIRC Health & Wellness Center



Premise Health.



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All employees (please bring ID badge), health center eligible dependents and retirees are able to receive the flu vaccine.