

FHSAA Mandatory Videos Instructions

FHSAA REQUIRED COURSES

As per FHSAA Policy, all student-athletes and coaches are required to annually complete the following NFHS Learn courses before participation. All courses are **FREE**.

- [Concussion in Sports](#)
- [Concussion for Students](#)
- [Heat Illness Prevention](#)
- [Sudden Cardiac Arrest](#)

Course Ordering

Step 1: Go to www.nfhslearn.com

Step 2: “Sign In” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

OR

If you do not have an account, “Register” for an account.

Step 3: Click “Courses” at the top of the page.

Step 4: Scroll down to the specific course from the list of courses.

Step 5: Click “View Course”.

Step 6: Click “Order Course.”

Step 7: Select “Myself” if the course will be completed by you.

Step 8: Click “Continue” and follow the on-screen prompts to finish the checkout process.
(Note: There is no fee for these courses.)

Beginning a Course

Step 1: Go to www.nfhslearn.com

Step 2: “Sign In” to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your “Dashboard,” click “My Courses”.

Step 4: Click “Begin Course” on the course you wish to take.

For help viewing the course, please contact the help desk at NFHS. There is a HELP tab on the upper right hand corner of www.nfhslearn.com. If you should experience any issues while taking the course, please contact the NFHS Help Desk at (317) 565-2023.

Once you have completed the viewing of these courses, sign into the www.registermyathlete.com to complete the agreement that you have watched these courses in the checklist of documents.