

Your health in the palm of your hand

Life is busy, and managing your healthcare shouldn't be another thing you have to worry about.

That's why your wellness center offers My Premise Health, a website and app where you can access all your medical needs in one place. Whether you're at home or on the go, you can schedule appointments, directly message your provider, manage your medications and more.



Sign up today.

Sign in or click "Sign up now" to create your account. My Premise Health app | mypremisehealth.com

School District of Indian River County Health & Wellness Center 5245 41st Street, Vero Beach, FL 32967 Monday, Tuesday, Thursday 7 a.m. - 7 p.m. Wednesday 6:30 a.m. - 7 p.m. Friday 6:30 a.m. - 5 p.m. Saturday 8 a.m. - 1 p.m. (772) 617-1806

Who can use these services?

Services are available to all employees, spouses, retirees, dependents (age 5 and up for acute, age 10 and up for well and chronic) on the insurance plan.

District Health Center



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