



In sickness and in health

Your wellness center is here for you whether you're feeling well or a little under the weather. From treating sore throats and stomachaches to providing routine checkups that can prevent you from getting sick in the first place, your care team has you covered.

Instead of waiting until you're sick, meet with your provider when you're feeling well to plan ahead for your long-term health.

They'll ask you about your health history and may recommend preventive care services, such as:

- Annual physicals
- Preventive exams
- Cancer screenings
- Vaccinations
- Skin checks
- Biometric screenings
- Travel medicine
- Health and wellness programs
- And more



Schedule an appointment.

My Premise Health app

mypremisehealth.com

School District of Indian River County Health & Wellness Center

5245 41st Street, Vero Beach, FL 32967

Monday, Tuesday, Thursday 7 a.m. - 7 p.m.

Wednesday 6:30 a.m. - 7 p.m.

Friday 6:30 a.m. - 5 p.m.

Saturday 8 a.m. - 1 p.m.

(772) 617-1806

If you're experiencing a medical emergency, please go to the nearest emergency department or dial 911.

Who can use these services?

Services are available to all employees, spouses, retirees, dependents (age 5 and up for acute, age 10 and up for well and chronic) on the insurance plan.

District Health
Center



Premise Health.

