

Sebastian Elementary School  
School Advisory Committee Minutes  
November 28, 2016

Members in Attendance

Katy Bartolini, Tish Hart, Rachel Holpfer, Margit Hollifield, Mary Penn, David Baker, Bill Fritz, Elizabeth Dykes, Wendy Washington

October Minutes

-The members read over the October minutes. Margit Hollifield motioned to approve the minutes and David Baker second the motion. All members were in favor.

Cafeteria Food and Concerns

-Elizabeth Dykes explained the process of creating the menus for Elementary, Middle, and High School. She looks at the fat, sodium and calorie intakes based on the students age to determine her menu item choices. Her menus are developed in 2 week cycles. Elizabeth is trying to provide more scratch times on the line instead of processed foods. It takes time to start seeing the changes.

-Elizabeth is required to meet the Nutritional Guidelines from the State. She is monitored frequently by the state.

-Indian River County belongs to the Fruit and Vegetable Program. They feel that the quality and professionalism of this company is at its peak. It costs the county \$25,000 a year to be part of this program. This gives Elizabeth the flexibility to order what is in season in Florida. The company will replace unsatisfactory fruit and vegetables. Most of the time, it is replaced the next day.

-Food Services will pilot different foods to try. They will pick classes to sample the food to get feedback.

-Dr. Fritz let us know that food services passed their audit perfectly. They provide approximately 14,000 meals a day. Food Services works hard to stay in budget and keep the nutritional values up. It is difficult to create menus that stay within the pricing, quality and nutritional requirements.

-Some of the SAC members were concerned over the amount of food that is thrown away daily. To help eliminate some of the waste. It was suggested to survey 4<sup>th</sup> and 5<sup>th</sup> graders on their food choices. Example Questions: What did you eat? Did you like it? If not, what did you throw away? This will give us an idea of items to continue to offer on the line or eliminate. Another idea was to provide taste testing on foods that the children have never tried. They may discover they like the item and pick it off the line the next time they come.

School Improvement Plan

- Our plan is in the process of being reviewed and approved by the School Board. The draft was approved but the board asked us to make some minor adjustments before their final approval.