

**2010 / 2011
Middle School Meal Prices**

Breakfast	\$ 1.25
Reduced Breakfast	\$.30
Lunch	\$ 2.25
Reduced Lunch	\$.40
Milk	\$.50



Sunrise Sampler Rotates Every 2 Weeks 	<u>Week 1-Monday</u> Warm Pancakes with Syrup	<u>Tuesday</u> Egg/Cheese on Biscuit	<u>Wednesday</u> Variety of Muffins	<u>Thursday</u> Sausage on Biscuit	<u>Friday</u> Bacon Scramble Sq
	<u>Week 2-Monday</u> Chicken/Cheese on Biscuit	<u>Tuesday</u> Egg/Can Bacon/Toast	<u>Wednesday</u> UBR Breakfast Round	<u>Thursday</u> Breakfast Sausage Sa	<u>Friday</u> Hot Piale Pancake Stick
Additional Daily Breakfast Choices: Assorted Cereal offered on every day as a second entrée choice. Yogurt with graham crackers is also offered every Monday, Wednesday and Friday. Breakfast Time Meals Include: Choice of Fresh Fruit, Canned Fruit or Juice & Choice of Milk Flavor. Students must choose 2 from the breakfast menu. They do not have to take an entrée.					
Deli Delights 	Ham & Turkey Subs Vegetarian Subs	Ham & Turkey Subs Vegetarian Subs	Ham & Turkey Subs Vegetarian Subs	Ham & Turkey Subs Vegetarian Subs	Ham & Turkey Subs Vegetarian Subs
Best For You Lite Bites 	Vegetarian Chef Salad Turkey Chef Salad Ham Chef Salad	Vegetarian Chef Salad Turkey Chef Salad Ham Chef Salad	Vegetarian Chef Salad Turkey Chef Salad Ham Chef Salad	Vegetarian Chef Salad Turkey Chef Salad Ham Chef Salad	Vegetarian Chef Salad Turkey Chef Salad Ham Chef Salad
Italian Tratoria 	Pasta de jour 	Pasta de jour	Pasta de jour	Pasta de jour	Pasta de jour
					
Grill & Oven Works Rotates Every 2 Weeks 	<u>Week 1-Monday</u> Cheeseburger Deluxe Western Hamburger Hot Chicken Sandwiches	<u>Tuesday</u> Golden Chicken Nuggets with a Roll	<u>Wednesday</u> Cheeseburger Deluxe Western Hamburger Hot Chicken Sandwiches	<u>Thursday</u> Golden Chicken Nuggets	<u>Friday</u> Cheeseburger Deluxe Western Hamburger Hot Chicken Sandwiches
	<u>Week 2-Monday</u> Golden Chicken Nuggets with a Roll	<u>Tuesday</u> Cheeseburger Deluxe Western Hamburger Hot Chicken Sandwiches	<u>Wednesday</u> Golden Chicken Nuggets with a Roll	<u>Thursday</u> Cheeseburger Deluxe Western Hamburger Hot Chicken Sandwiches	<u>Friday</u> Golden Chicken Nuggets with a Roll
Home Style Favorites 	Home Style Favorites is decided upon by the Manager as a daily special.				

Lunch Bites



Daily Side Choices Include
 Fresh/Canned Fruit, Juice,
 Fresh/Canned Vegetables,
 Bread and Assorted Milk.

NuMenu Lunch Choices
 *Student must select an entrée and at least one side but may take up to 3 sides for a complete meal.

SAVE TIME IN THE LUNCH LINE!
 Easy and fast! On-line meal payment at www.mealpayplus.com or call 1.866.606.7084 and use a credit card. (Free low balance notices)



Still Hungry? Combo Meals for \$3.00



All menus are subject to change without notice due to availability of product.



Menu Application Forms are available. See your friendly Food and Nutrition Services Manager!

ONE APPLICATION NEEDED PER FAMILY!

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